A few days ago, I had a conversation with a friend and the habit of thanking a veteran arose. Without thinking, I quipped that the thanks are welcome, but respect would mean more. We chatted a little more and it came out that a thank you is a verbal gesture, while respect is given through actions. So, how does one respect a veteran? Certainly, on the individual level, the answer is obvious. But the thought goes deeper than interpersonal relationships.

In order to respect a veteran, perhaps one might consider respecting the reasons why that person is a veteran. Here are some suggestions.

Respect the Law

Respect our Individual Rights

Respect The Constitution

Respect Philosophy of Freedom

Respect Freedom itself

Respect Flag

Respect Each other

Respect Family

Respect each others Church of choice

Respect each others Personal Space

Respect the Ideas of others, even if you disagree

Respect your Elders

Respect Mothers

Respect Fathers

Respect the Nation

Respect our History

These are the things the veteran wore the uniform to defend. When a veteran sees these respects being offered, he knows that what he wore the uniform for the first time, is still there. Respect them; Respect the veteran.